

Mirror INVESTIGATES: OBESITY CRISIS FUELLED BY CHEAP SNACKS



Shocked: Charlotte

Kop boss bat attack: Girl moves home

BY NICK OWENS

A FEMALE pal of Liverpool manager Brendan Rodgers has moved out of the home where they were targeted by a man with a cricket bat.

Charlotte Hind left the house four days ago after the incident. The man in his early 20s hammered on the front door with the bat and shouted for Rodgers, 41, to come out. After neighbours called police he drove off.

On Thursday Charlotte, 31, was seen packing her belongings into a van outside the home in Southport, Merseyside.

The former Liverpool FC travel co-ordinator grew close to Rodgers after he split from his wife Susan last year. Last week we told how the two had been stunned by the incident on April 14.

Today Rodgers tries to guide Liverpool to their first title in 24 years when they take on Chelsea at Anfield.

A pal said: "Brendan is fully focused on football."



Family: coffin picture

Art on coffin by Peaches' dear nanny

BY SIMON BOYLE

THE picture on Peaches Geldof's coffin was painted by her childhood nanny.

Anita Debney's artwork showed the tragic model and TV presenter with husband Thomas Cohen, their children Phaedra and Astala, and their pets.

It is thought to have been based on images Anita painted on Peaches' bedroom walls.

A source said: "Peaches and Anita were incredibly close. Anita looked after her from an early age and is incredibly talented with arts. She decorated Peaches' nursery beautifully."

"The coffin reminded me of that room. It was beautiful, personal and moving, right down to the inclusion of her beloved labrador."

Toxicology results are understood to have been sent to the coroner probing the death of 25-year-old Peaches, whose funeral was held in Kent on Monday.



Tempting: West Green Road and just a few of the fast-food outlets dotted along one stretch

FAST FOOD MILE

34 takeaway shops in one short stretch of road... within walking distance of 5 schools

EXCLUSIVE BY FRANCESCA COOKNEY

SCHOOLKIDS swarm around a takeaway after emerging with schoolbags in one hand - and boxes of greasy junk food in the other.

It is a scene repeated up and down the country as youngsters are tempted with cut-price grub after an explosion in the number of fast-food shops clustered around schools.

Celebrity chef Jamie Oliver is the latest critic demanding stricter planning controls in a bid to tackle our childhood obesity crisis. And Tam Fry, of the National Obesity Forum, branded the takeaways "cultures circling around schools."

But nationally there are on average 23 fast-food outlets per secondary school. And a Sunday Mirror investigation found one street in Britain with an astonishing 34 takeaways in little over a mile.

On West Green Road in Haringey, North London, we counted 10 fried chicken shops, six kebab shops, seven greasy spoon cafes and an array of Chinese and Caribbean takeaways - all undercutting school canteen prices.

Just a few minutes' walk away, five schools - Park View Secondary School, West Green Primary School, Wisdom Independent Secondary School, St John Vianney Catholic Primary School and Harris Primary Academy - provided dozens of young customers. Kids at Park View have less than a minute's walk to reach the chippy.

LITTERED

When the school bell went at 3.15pm, we watched floods of children pour into the nearest fast-food joints. Within half an hour, public bins were overflowing with takeaway boxes and the pavements were littered with ketchup-smeared chip wrappers as kids aged 11 to 16 scoffed their food.

At Favorite Chicken and Ribs, where a fried chicken burger costs just £1, worker Kamal Thillai told us: "They leave school and come in here. The kids buy chicken mostly, and chips. We don't sell salad because nobody wants it. Is it bad for them? I don't know."

A portion of wings and chips typically contains 773 calories and 44.9g of fat.

At Tottenham Town Bakery, chicken patties and meatloaf are piled high under the glass counter. And at Hing Wong Chinese takeaway, children can pick up eight deep-fried spring



PARK VIEW SCHOOL



Bama CHICKEN & PIZZA

Special Offers

7" + Free Can Drink	£1.99
9" + Free Can Drink	£2.99
12" + Free Can Drink	£4.99
15" + 2 Free Can Drinks	£5.99
18" + Free Bottle Drink	£7.99

Collection only

Kids' favourite: pupils queue up outside chicken shop close to school. Above: cheap specials on menu at Bama Chicken outlet



Critic: Jamie Oliver

rolls for £2.50. Eating the lot would add up to an estimated 504 calories and 27g of fat.

A member of staff at Perfect Chicken and Pizza told our investigators: "We just sell the stuff they like. What do you expect? It's a business."

But Mr Fry, who is also chairman of the Child Growth Foundation, said: "Fast-food outlets near schools are a huge problem."

"Yet we are still allowing them in close proximity to schools. Fast-food outlets add to the growing problem of child obesity."

A study published in the British Medical Journal last month proved obesity levels

and growing numbers of fast-food outlets were linked. The research showed workers surrounded by takeaways consumed much more than other people.

But new shops are springing up all the time. On West Green Road owners have had no trouble opening new ones.

Abdul Hamid launched Bama Chicken 'n' Pizza in August. "We sell one chicken wing and chips for £1," he said. "If you come in here between 3 and 4.30pm the £1 drawer in the till will be overflowing."

"Healthier food costs more. I have to sell stuff with a higher profit margin if I want to make money."

Latest statistics show almost 10 per cent of reception pupils, aged between four and five, are classed as obese.

Among Year Six students, aged 10 and 11, nearly 20 per cent were obese. A report by Haringey's Health and Wellbeing Board



Pictures: ROY FISHER

found childhood obesity was higher than the national average, with 12.2 per cent of children aged four and five and 23.6 per cent of children aged 10 and 11 classed as obese.

Some locals are trying to stem the endless supply of fried food. In the centre of the row of shops close to Park View School, Freddy Hussein runs Freddy's Grill, which he opened in January in a bid to put healthy food on the menu.

Chicken and Pizza 16-year-old Max Adil is waiting for a seven-inch pizza that cost just £1.49. "I eat here every day," he told us. "You can get chicken and chips for a pound. Today I've eaten a chicken wrap, two wings and chips and a burger."

Esther Djimo and her pal Eriona Haliti, both 16, said they often skipped school meals in favour of fast food.

"We come down here most days. This is pretty much like afternoon tea," joked Esther. "I eat breakfast at home. For lunch we come out here. Sometimes we just snack, sometimes we have a pizza."

Shadow Public Health Minister Luciana Berger said: "Children being exposed to so many junk-food outlets around schools makes it really hard for parents."

But local dad Kenny Brown, 50, insisted parents were to blame. "Most kids round here get free school meals," he said. "If you

don't want them to buy fast food don't give them the money for it."

francesca.cookney@sundaymirror.co.uk

COMMENT: PAGE 14

Healthier: Freddy Hussein (right) sells pastas and salads

don't want them to buy fast food don't give them the money for it."

francesca.cookney@sundaymirror.co.uk

COMMENT: PAGE 14

HULL

Kids sneak out of class to get £1 greasy fix

BY GRACE MACASKILL

HULL has some of the highest obesity rates in the country - and 40 fast-food outlets per school, nearly twice the national average.

Recent research covered 19 per cent of the city's children as obese or dangerously overweight. And rates of amputation due to diabetes are higher than anywhere in Britain with 4.4 lower-limb amputations per 1,000 people, compared to the national average of 2.6.

Yet city planners continue to allow takeaways to open up within easy walking distance of schools.

At Endeavour Secondary School in Beverley Road pupils can be at KFC, Al Pacino pizza place, a chippy and J&K bakery in minutes.

"Only the Year Six pupils are allowed outside the school for lunch. We'd all head to KFC, the chippy or grab a pizza," said Luke Winstanley, 17. "But a lot of the younger kids would climb over the fence or make a hole in it to get out. You'd see them lined up in KFC."

In the chippy, pupils are offered cut-price grub, with burgers, pork fritters and fish cakes available for just £1.

St Richards Primary on Marfleet Lane has a high number of pupils on free school meals. But there are two fish-and-chip shops and a pizza takeaway within a three-minute walk.

TOWER HAMLETS

Junk food is opposite the school gates

BY STEVE MYALL

FOOD couldn't be any faster than at the Swanlea School in the deprived London borough of Tower Hamlets.

Right across the road from 1,000 pupils is Perfect Chicken, where six chicken nuggets cost just £1.50, a chicken burger is £1.60 and chicken and chips is £1.90.

Children as young as 10 crowd around the shop eating out of cardboard boxes and the pavement opposite the school, which is highly rated by Ofsted, is littered with chicken bones.

Tower Hamlets has 42 takeaways per school. At least 30 are within walking distance.

A 2013 report revealed that 25.6 per cent of 10 to 11-year-olds there are obese - the fourth highest nationally. Two in five adults in Tower Hamlets eat takeaway at least once a week and one in 20 has it every day.



Healthier: Freddy Hussein (right) sells pastas and salads